

Johns

INSTOW TAKE-AWAY MENU

BREAKFAST & BRUNCH – Served until 1pm

<i>Johns' Famous Full West Country Breakfast (gfo/dfo)</i>	£9.00
Local sausages, bacon, free-range fried egg, mushrooms, roast tomatoes, local white, brown or sourdough toast & butter	
<i>Add an extra ... egg, mushrooms, sausage or bacon rasher</i>	£1.35
<i>Johns' Best Breakfast Butty (dfo)</i>	£7.50
The ultimate in breakfast sarnies! Local sausages, bacon & free-range fried egg in sourdough toast	
<i>Vegan BLTA (vn/df/gfo)</i>	£7.50
Homemade aubergine bacon, avocado, tomato, salad leaves & plant based mayo in griddled sourdough	

Please tell our team if you have any allergies or dietary requirements

Allergens/intolerances/sensitivities – Our produce is prepared in our kitchens which use gluten, peanuts, nuts, milk, soya, mustard, lupin, eggs, fish, crustaceans, molluscs, sesame seeds, celery, sulphur dioxide and other allergens.

Johns

INSTOW TAKE-AWAY MENU

DELI DISCOVERY BOXES – Served all day

The Quintessential Devon Picnic for 2 **£21.00**

Homemade bacon, caramelised onion & cheddar quiche, local butcher's pork scotch egg, free range Devon pork pie, West Country ham & salad sandwiches, Somerset brie & local chilli jam sandwiches, Devon apple chutney & Isle of Wight cherry vine tomatoes

Homemade Deli Quiche & Salad **£8.50**

A slice of bacon, caramelised onion & cheddar quiche OR sunblushed tomatoes, fresh spinach and Trelawney cheese quiche (v) from our kitchen served with homemade deli coleslaw, Isle of Wight cherry tomatoes & Two Farmers slightly salted crisps

Handmade Devon Pasty & Salad **£8.50**

Choose traditional Devon - chuck steak, potato & onion (df) OR Devon cheddar & onion (v) OR Chunky Devon Root Veg pasty (vn/df) with homemade deli coleslaw, Isle of Wight cherry tomatoes & Two Farmers slightly salted crisps

Homemade Salad Selection **£8.50**

Choose 1, 2 or 3 salads from our deli salad selection

Please tell our team if you have any allergies or dietary requirements

Allergens/intolerances/sensitivities – Our produce is prepared in our kitchens which use gluten, peanuts, nuts, milk, soya, mustard, lupin, eggs, fish, crustaceans, molluscs, sesame seeds, celery, sulphur dioxide and other allergens.

Johns

INSTOW TAKE-AWAY MENU

WINTER SANDWICHES – Served all day

Homemade Hearty Soup £6.00
Served with rustic bread

Loyalty Card Member Price £4.50

Today's Homemade One-Pot Dish (Ask our team) £8.50
Served w/warm roasted winter root veg and a chestnut & sage butter or rustic bread

West Country Ham & Dijon Mustard £6.00

Somerset Brie & Devon Chilli Jam (v) £6.00

AFTERNOON TEA FOR 2 – Served all day

A sensational full afternoon tea for 2! £28.00

Includes:

- West country ham & salad sandwiches
- Somerset brie & local chilli jam sandwiches
- Homemade quiche – bacon, caramelised onion & cheddar
- Local butcher's pork scotch egg
- Free-range Devon pork pie & Devon apple chutney
- Isle of Wight cherry vine tomatoes
- 2 homemade scones, local farm clotted cream & local strawberry jam

Please tell our team if you have any allergies or dietary requirements

Allergens/intolerances/sensitivities – Our produce is prepared in our kitchens which use gluten, peanuts, nuts, milk, soya, mustard, lupin, eggs, fish, crustaceans, molluscs, sesame seeds, celery, sulphur dioxide and other allergens.

Johns

INSTOW TAKE-AWAY MENU

SWEET TREATS

Devon Clotted Cream Tea for 2 (v)	£7.50
Homemade scones, local strawberry jam, local farm clotted cream	
Our Famous Chocolate Brownie	
Traditional chocolate (v)	£2.80
Salted caramel (v/gf)	£3.20
Raspberry & walnut (vn/gf/df)	£3.20
Blackberry & Almond Tart (v)	£2.80
Homemade frangipane tart	
Flapjacks & Shortbreads	£2.80
Choose from apple & blackcurrant flapjack (vn/df), chocolate & coconut flapjack (v) or luxury caramel shortbread (v)	

Cakes, Tarts & Puds

Step over to our Deli counter and discover your favourite!

Our famous brownies

Amazing cakes

Delicious puds

Tempting tarts and more..

Please tell our team if you have any allergies or dietary requirements

Allergens/intolerances/sensitivities – Our produce is prepared in our kitchens which use gluten, peanuts, nuts, milk, soya, mustard, lupin, eggs, fish, crustaceans, molluscs, sesame seeds, celery, sulphur dioxide and other allergens.

DRINKS MENU

COFFEES

AMERICANO	£2.80
LATTE	£3.20
CAPPUCCINO	£3.00
FLAT WHITE	£3.00
CORTADO	£2.50
MACCHIATO	£2.50
ESPRESSO	£2.00
MOCHA	£3.20
CHAI LATTE	£3.20
BABYCCINO	£2.00

Decaffeinated coffee & alternative milks too!

SPECIALITY TEAS

from

JOES TEA CO

£2.80

EVER-SO-ENGLISH BREAKFAST TEA
EVER-SO-ENGLISH DECAF
THE EARL OF GREY
QUEEN OF GREEN
FIESTY TURMERIC GURU
ST. CLEMENTS LEMON
PROPER PEPPERMINT

DELUXE HOT CHOCOLATES - £4.75

ROCKING ROLO (v)

Real milk hot chocolate discs with caramel syrup, topped with fresh whipped cream, salted caramel sauce & Rolos

HEAVENLY HAZELNUT (v/gf)

Real milk or dark hot chocolate discs with hazelnut syrup, topped with fresh whipped cream, chocolate sauce & chopped hazelnuts

BISCOFF BANANZA (v)

Real white hot chocolate discs with caramel syrup, topped with fresh whipped cream, salted caramel sauce & Biscoff biscuits

KOKOA REAL HOT CHOCOLATES White (v/gf), Milk (vno/dfo/gf) or Dark (vno/dfo/gf) £3.20

KIDS HOT CHOCOLATE £2.60

CLASSIC MILKSHAKES & FRESH SMOOTHIES £4.00

MERRY BERRY (v/gf)

Strawberry ice-cream & milk

BANANADRAMA (v/gf)

Banana ice-cream & milk

BERRY BLASTER (vn/df/gf)

Strawberries, banana & almond milk

CLEAN GREEN (vn/df/gf)

Spinach, avocado, mango, maple & coconut milk

Luscombe Organic Drinks & Frobisher's Fruit Juices from Devon £3.00

Sicilian still lemonade, cool ginger beer, St Clements, elderflower bubbly, raspberry sparkling lemonade, orange juice, apple juice or mango juice

CANO WATER Still or Sparkling £1.80

Please tell our team if you have any allergies or dietary requirements

Please tell our team if you have any allergies or dietary requirements

Allergens/intolerances/sensitivities – Our produce is prepared in our kitchens which use gluten, peanuts, nuts, milk, soya, mustard, lupin, eggs, fish, crustaceans, molluscs, sesame seeds, celery, sulphur dioxide and other allergens.