

Appledore
The Quay



Instow
Marine Parade

TAKEAWAY DEALS

Breakfast *Served 8.30-10.30am*

THE ORIGINAL BREAKFAST BAGUETTE £7.00
Butcher Sausages & Cornish Farmhouse bacon served in a freshly baked 1/2 baguette. Plus any regular hot drink

BREAKFAST BAP & HOT DRINK £6.00
Choose from butcher sausages or Cornish Farmhouse bacon or free range egg served in a soft bap. Plus any regular hot drink

FRESHLY BAKED PASTRY & HOT DRINK £5.00
Choose from ANY of our freshly baked croissants, pain au raisin or homemade muffin. Plus any regular hot drink

All Day

DELI MIX & MATCH ANY 3 £12.00
Choose from 3 homemade deli items. Quiche, scotch eggs, sausage rolls, tortillas or all pies

DEVON PASTY & HOT DRINK £7.50
Choose from ANY of our award winning pasties. Plus any regular hot drink

HOMEMADE SOUP & ROLL £5.50
Enjoy our warming homemade soup of the day with a soft bap

Sweet Treat *Served 2.00-4.00pm*

HOMEMADE BROWNIE & HOT DRINK £5.50
Choose from our original or seasonal rich & indulgent chocolate brownie. Plus any regular hot drink

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CAFE DEALS

Early Bird Breakfast *Served 8.30-10.30am*

BREAKFAST BAP & HOT DRINK £8.50
Choose from butcher sausages or Cornish Farmhouse bacon or free range egg served in a soft bap. Plus any regular hot drink

2 FRESHLY BAKED PASTRIES & HOT DRINK £8.50
Choose ANY 2 of our freshly baked croissants or pain au raisin. Plus any regular hot drink

HOMEMADE MUFFIN & HOT DRINK £6.50
Enjoy a homemade muffin. Plus any regular hot drink

All Day

DELI TO PLATE & ANY REGULAR DRINK £13.00
Choose from any quiche & salad, tortilla & salad, homity pie & salad or pasty & salad. *See lunch menu for full dish details.* Plus any regular hot or cold drink inc smoothies & milkshakes. *Excludes alcohol*

Sweet Treat *Served 2.00-4.00pm*

HOMEMADE BROWNIE & HOT DRINK £6.50
Choose from our original or seasonal rich & indulgent chocolate brownie. Plus any regular hot drink

Our food & Menu

We're proud to bring you the best of local, homemade, seasonal & quality produce from our deli kitchens. Our food is freshly prepared to order and always worth the wait!